

Fitness Scores Average By Age and Race

	Curl Ups Pre-test	Curl Ups Post-test	Sit Reach Pre-test	Sit Reach Post-test	Mile Run/Walk Pre-test	Mile Run/Walk Post-test	Push Ups Pre-	Push Ups Post-test
Age: 8								
Asian	28.67	26.67	24.00	21.00	12.00	12.33	5.00	14.67
Black	29.00	28.50	25.67	26.00	15.00	14.33	18.33	18.67
Hispanic	24.33	24.00	25.33	23.00	14.83	14.60	8.50	12.33
Multi-Racial	22.00	36.00	34.00	31.00	9.00	8.00	32.00	41.00
White	22.14	29.83	24.57	28.17	12.00	10.00	8.00	12.50
AVERAGES	24.80	27.56	25.35	25.21	13.21	12.41	10.74	15.26
Age: 9								
Asian	26.08	28.05	26.04	27.23	13.16	13.18	6.80	12.18
Black	27.51	30.35	24.62	25.14	13.12	12.21	12.09	14.82
Hispanic	24.94	27.82	24.16	23.99	13.09	12.40	10.33	12.32
Indian	25.13	32.29	22.25	24.71	10.63	13.43	10.25	14.86
Multi-Racial	27.05	30.61	25.39	25.41	12.50	11.90	13.94	17.88
White	26.89	29.76	24.16	24.56	14.50	12.32	11.43	14.04
AVERAGES	26.53	29.42	24.27	24.56	13.94	12.33	11.30	13.86
Age: 10								
Asian	23.55	31.78	23.91	25.78	16.00	14.44	8.55	8.78
Black	28.62	31.23	22.31	22.19	12.77	12.43	11.13	14.43
Hispanic	25.30	28.27	25.11	24.25	12.86	12.48	10.44	12.73
Indian	29.14	34.50	21.00	20.50	11.75	11.00	8.57	12.33
Multi-Racial	27.15	30.34	24.85	25.92	12.92	12.65	15.08	19.97
White	26.81	30.03	23.95	23.83	12.58	12.05	11.93	14.42
AVERAGES	26.72	29.82	23.99	23.73	12.71	12.25	11.47	14.09
Age: 11								
Asian	31.00	27.00	42.00	36.00	14.00	14.00	7.50	5.00
Black	27.34	30.64	21.84	22.44	12.30	11.68	11.46	14.28
Hispanic	26.51	27.45	23.96	23.75	13.29	12.75	10.94	10.94
Indian	32.67	26.50	15.67	7.50	12.33	13.50	11.67	13.50
Multi-Racial	27.57	27.80	27.71	29.20	12.00	12.00	10.00	13.80

	Curl Ups Pre-test	Curl Ups Post-test	Sit Reach Pre-test	Sit Reach Post-test	Mile Run/Walk Pre-test	Mile Run/Walk Post-test	Push Ups Pre-	Push Ups Post-test
White	24.61	29.82	23.86	23.74	13.31	12.88	9.56	11.63
AVERAGES	26.06	29.23	23.56	23.41	13.02	12.50	10.46	12.18
Age: 12								
Asian	37.29	37.38	28.35	29.00	10.95	10.00	15.29	19.50
Black	35.22	36.27	24.96	22.62	10.89	10.29	16.23	16.17
Hispanic	32.06	35.50	28.63	28.80	11.78	11.25	13.69	14.67
Indian	39.50	51.50	23.50	22.50	15.00	16.50	13.50	23.50
Multi-Racial	35.70	40.87	29.37	31.00	11.75	11.25	17.75	15.93
White	35.82	38.07	27.03	26.91	11.43	10.96	15.99	17.00
AVERAGES	34.96	37.32	27.14	26.87	11.43	10.94	15.54	16.40
Age: 13								
Asian	38.00	33.50	30.50	33.00	12.25	14.50	10.50	14.00
Black	35.42	36.48	27.69	29.29	10.64	11.18	16.79	18.60
Hispanic	33.46	34.45	28.70	29.51	12.17	11.98	13.95	16.40
Indian	40.00	45.00	31.00	38.00	10.00	9.00	5.00	5.00
Multi-Racial	28.80	29.67	21.00	23.00	16.20	18.67	9.00	10.00
White	34.77	38.51	27.04	26.84	11.62	11.45	16.02	19.65
AVERAGES	34.58	37.10	27.48	27.94	11.62	11.61	15.59	18.53
Age: 14								
Asian	30.00	34.67	29.20	29.67	14.80	16.67	13.00	17.67
Black	32.88	33.87	27.17	25.64	12.44	11.55	14.00	17.26
Hispanic	32.33	33.35	29.95	28.34	12.17	12.02	14.22	18.73
Indian	34.67		30.00		11.33		9.33	
Multi-Racial	41.43	41.00	31.50	39.33	12.57	11.67	22.00	23.67
White	35.01	42.36	28.03	26.61	11.60	11.81	15.28	19.37
AVERAGES	34.33	39.95	28.37	27.03	11.82	11.88	14.98	19.11
Age: 15								
Asian	25.00		23.00		11.00		3.00	
Black	37.59	37.38	15.54	14.38	11.07	12.33	14.45	16.04
Hispanic	37.13	38.87	21.55	16.91	11.32	10.33	18.01	22.10
Multi-Racial	43.00	41.00	37.75	45.00	8.75	7.00	7.75	14.00

	Curl Ups Pre-test	Curl Ups Post-test	Sit Reach Pre-test	Sit Reach Post-test	Mile Run/Walk Pre-test	Mile Run/Walk Post-test	Push Ups Pre-	Push Ups Post-test
White	35.04	34.39	18.79	12.47	11.80	11.69	14.95	16.92
AVERAGES	35.78	35.71	19.36	13.78	11.60	11.46	15.45	17.84
Age: 16								
Black	35.75	25.00	35.00	45.00	9.50	15.00	6.33	0.00
Hispanic	28.00	27.40	31.46	35.50	10.93	12.20	13.21	11.00
White	40.63	65.00	28.67	27.67	9.16	8.50	14.89	6.00
AVERAGES	35.32	32.43	30.43	33.75	9.89	11.63	13.53	8.38
Age: 17								
Black	49.00		35.00		14.00		15.00	
Hispanic	44.67	44.00	26.00	26.00	8.33	9.00	9.67	6.00
White	43.60		33.67		9.20	6.00	25.20	
AVERAGES	44.56	44.00	30.57	26.00	9.44	7.50	18.89	6.00
Age: 18								
White	26.33		29.67		16.00		7.33	
AVERAGES	26.33		29.67		16.00		7.33	
Age: 19								
Hispanic	43.00	44.00	32.50	29.00	10.00	8.00	25.00	50.00
AVERAGES	43.00	44.00	32.50	29.00	10.00	8.00	25.00	50.00
Total Averages:	29.90	32.12	25.06	24.54	12.66	11.99	12.94	15.00